



Health *and* Wellness

FOR RETREAT GROUPS

BEFORE CAMP



GROUP'S ROLE:

- For 14 days prior to your retreat
 - Reduce exposure to others
 - Reinforce proper personal hygiene at home
 - Monitor for symptoms
- Do not send any guests to camp if they have been exposed to someone with COVID-19 or are displaying symptoms.



LAKEVIEW'S ROLE:

- Enhanced staff training with special emphasis on COVID-19 information & protocols.
- Health screenings of staff upon arrival on site.
- Intensified cleaning between group arrivals.
- Standardized arrival and departure times.

AT CAMP



GUEST INTERACTION

- Modified arrival and departure procedures to limit interaction between groups.
- Proper handwashing & personal hygiene techniques emphasized.
- Organize your group into cohorts who operate independently from each other to the greatest extent possible.



FACILITIES

- High contact surfaces in the dining hall, fitness center and other common areas will be cleaned more frequently.
- Sanitizing stations will be available around camp to use prior to recreation equipment use.



DINING FACILITIES

- Dining experience is modified to reduce exposure to other cohorts and groups.
- Food distribution will be facilitated to help create a safe dining atmosphere.
- All tables, chairs & contact surfaces will be frequently cleaned & sanitized.



MEDICAL CARE

- We encourage retreat groups to provide their own trained medical staff (none will be provided by Lakeview).
- We recommend group leaders ensure that daily temperature and symptom checks are performed and recorded.
- Isolation spaces will be provided for guests displaying symptoms until arrangements can be made for them to be picked up or taken for treatment.
- Minors who exhibit symptoms must be able to be picked up by parent/guardian within 4 hours.

AFTER CAMP



LIMIT INTERACTION:

Guests should limit interaction for 14 days after their retreat with those who are at higher risk for serious illness with COVID-19.

LAKEVIEW
— CAMP AND RETREAT CENTER —





We successfully welcomed thousands of campers and guests during the summer of 2021. Our safety standards and protocols created a safe and welcoming environment for children and adults. Parents and leaders were equipped with knowledge to be able to make an informed and confident decision to send their children to Lakeview for a great summer camp experience.

Lakeview Camp and Retreat Center continues to follow protocols above and beyond the CDC recommended guidelines for safety and cleaning to provide a safe environment for church retreats and business gatherings. Contact us now for more information on what we are doing and how we can help you plan a successful event!



COVID-19 Protocol Commitment

The health and safety of our guests and staff is our #1 priority. In light of the COVID-19 pandemic, we think it is important that you understand our efforts to manage our guest's health and safety so you can make an informed choice. We are focused on taking all reasonable measures to prevent the spread of COVID-19 in our camp.

We have strengthened our standard cleaning procedures, while adding increased frequency measures for things such as sanitizing common touch points, dining hall areas, and recreation equipment. Additionally, we have taken measures to monitor and address symptomatic guests by recommending a pre-event health screening, daily temperature checks, and protocols to isolate, confirm, respond, and remove any guest or staff with suspected COVID-19. Detailed information on this process is included below.

This situation continues to change daily, and as such, we will adapt and adjust our protocols and procedures as we follow the guidance provided by the CDC and local health departments, in our efforts to help keep our guests, staff, and families safe.

Ultimately, the choice to attend an event at Lakeview Camp and Retreat Center is a personal one, and you are in control. If you are uncomfortable with the risks of COVID-19 in a retreat event setting, having to travel to our location, or having to interact with our staff and other guests, we want you to make the choice that is comfortable for you and your family.

1. It's a Team Effort!

Lakeview Camp and Retreat Center has been working closely with our local health officials, State government and following the guidelines of the CDC. Our Lakeview staff and group event leaders will work closely to monitor and support guest health. Our team continues to stay informed and review our health protocols to ensure we are providing the best possible care.

2. Space to Move

To allow the opportunity for more space in in all areas of daily interaction, we have implemented additional mealtime service, offering multiple, smaller activity groups, and decreasing occupancy in group gatherings.

Special gathering and seating arrangements have been created to allow event groups to gather and sit together in their group, while allowing distance from other event groups.

3. Activity Enhancements

Our activities and programs have been adjusted to keep them in compliance with our many policies and protocols, by increasing sanitation and hygiene protocols.

Guests participate in all activities and recreation time with their event group.

4. Let's Check the Temp

Lakeview Camp and Retreat Center recommends group leaders utilize infrared thermometers to scan every incoming guest for fever. Additionally, daily temp checks are advised.

5. Lowering Health Risk

All participants – group leaders and guests – are advised to monitor their temperature and overall health for 14 days prior to their arrival to Lakeview Camp and Retreat Center. A pre-event screening questionnaire is available to assist with this process. We know that you want the best for your guests, and we want them to have the best experience possible at Lakeview. We are partnering with families and staff to identify anyone who has had relevant exposure, symptoms, a fever or illness within 72 hours of their stay to contact their group leader to evaluate the best options for everyone's health and safety. We will not allow anyone into camp who is identified as posing a health risk to our guests and staff. We are partnering with our camp families to help keep our guests safe.

6. Medical Staff

It is required that each event group bring a certified health care provider that is constantly monitoring the health of guests and acting quickly to identify, contain, and treat any issues or illnesses that may appear.

7. Rapid Response

In the event that an illness – including COVID-19 – presents at Lakeview Camp and Retreat Center, our protocol is structured to Isolate, Confirm, Respond, and Remove the impacted guest. Any guest or staff that exhibits symptoms of possible COVID-19 (cough, shortness of breath/difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, loss of taste or smell, diarrhea, fever greater than or equal to 100.0 degrees Fahrenheit, or known contact with a person who is lab confirmed to have COVID-19) will be isolated following quarantine protocols to allow time to make arrangements to leave the facility within eight hours.

8. Follow Up Response

In the event a guest leaves the camp as a result of exhibiting COVID-19 symptoms, testing for COVID-19 must be completed and the results reported back to Lakeview Camp and Retreat Center. Any notice of lab confirmed positive cases will be communicated by Lakeview to the group event leader. The group event leader is asked to inform all guests/parents/guardians for identifying exposure risks (a.k.a. contact tracing). In the same manner, any guest who shows symptoms within 14 days of attending an event at Lakeview should notify the camp of any lab confirmed positive test results as quickly as possible.



9. Event Groups

All guest groups will remain together for lodging, meals, recreation, worship and meeting. This will limit exposure to other guest groups.

10. Resting Well and Healthy

Rested guests are healthy guests. It is recommended cabin guests utilize Head to Toe sleeping arrangements to provide safe distancing.

11. Streamlined Dining

Event groups dine together, with additional meal times offered to allow for a decreased occupancy in the dining hall.

Food is served by Lakeview staff and some self-service areas have been eliminated. New plates and cups will be provided for any refill requests. Drink stations will be sanitized between event groups.

All plates, cups and utensils will be one-time use/disposable.

12. Let's Keep it Clean

Every cabin and lodge room at Lakeview Camp and Retreat Center is rigorously cleaned after each group checks out. We take this opportunity to perform a deep and intensive sanitizing protocol. Additionally, cabins may be cleaned daily by group leaders and guests utilizing provided disinfectant products. Care and caution is to be used by group leaders to protect children from exposure.

13. Hand Sanitation Protocol

At Lakeview Camp and Retreat Center, we have alcohol-based hand sanitizer available where possible. Guests are encouraged to bring personal hand sanitizer. Leaders are encouraged to remind every guest to use hand sanitizer each time they enter and exit a building. Additionally, we have soap and water available for frequent hand washing. Our Lakeview staff is trained during staff orientation and reminded daily on frequent handwashing and frequent use of hand sanitizer.

14. To Mask or Not to Mask

Guests are welcome to, but not required to follow the CDC recommendations and wearing masks over the nose and mouth, where social distancing is not possible. Lakeview staff will wear masks when in close proximity to guests as well as when serving in the dining hall and Oasis. Guests are advised to follow the current guidelines at the time of your event.

15. Come and Stay

After arriving for check in, all guests are encouraged to remain on property for the duration of their event. No in and out access to prevent outside community exposure to others.

16. Front of Mind

The best policies are those that are remembered. Therefore, we are posting signage and reminders throughout our camp and facilities to ensure that group leaders, guest, staff, and essential personnel are constantly reminded of our expectations.



17. Enhanced Travel Protocol

All methods of guest arrival (car, van, or bus) should include enhanced protocols including temperature checks, masks in transit, sanitation during travel, and limited exposure to the public. Non-event attendees that are dropping off guests are asked to maintain distance and limit their exposure to all camp guests.

18. Partnering with our Staff

Our staff has been provided additional guidelines and expectations to help them reduce their exposure to the public and potential COVID-19 exposure. When in close proximity, staff will wear face masks or covering over the nose and mouth.

19. Be Outside

Fresh air, sunshine, humidity, and heat are all things that we have plenty of here at Lakeview. We believe that people in the outdoors can stay healthier and happier.

20. "Checking In"

Beyond daily staff and guest temperature checks, it is recommended group leaders constantly monitor guests and frequently ask the question "How are you feeling?"

21. Prayer

Lakeview Camp and Retreat Center employs numerous layers of systems and protocols to ensure that our facilities, staff, and guests stay safe, clean, and healthy. However, the most important thing we do as an organization is spend countless hours praying in advance for every guest who enters our camp. Our prayer is that every guest experiences an unforgettable time with God in a healthy and safe environment.

22. As you go

Guests returning from an overnight event should minimize in-person contact with any person 65 years of age or older, especially those with pre-existing health conditions, for a period of 14 days..

The CDC continues to maintain that COVID-19 generally presents with mild symptoms, and appears to occur more commonly in adults than children.

The primary guidance of the CDC continues to revolve around the following best practices:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

Lakeview Camp and Retreat Center protocols have been determined utilizing applicable recommendations from the Centers for Disease Control and the Texas Christian Camp and Conference Association.

For more information visit:

<https://www.cdc.gov/>

